#### **VOLUME 6, ISSUE 2**

APRIL-IUNE

# **TENANT FOCUS**

# NOTICE:

Sacramento Resident Advisory Board **Quarterly Meeting** is scheduled for April 20, 2012 at 1:30 pm in the VIBE Community Room — 1725 K Street, Sacramento, CA 95811

### LEARN TO USE REGIONAL TRANSIT BUS AND LIGHT RAIL



The biggest reason people choose not to use

public transit is simple, they don't know how!

Let Paratransit's skilled staff of mobility trainers walk you through many of the skills needed when using public transit service including planning your routes, fares, making transfers, the use of fare vending machines, boarding and deboarding transit vehicles, vehicle features, and much more! The best news is that this is a FREE service!!

Paratransit, Inc. has been providing one on one and small group training for over 2 decades and has trained over 12,000 people to use public transit safely and effectively, many of them were seniors just like you!

If you are interested in receiving training, simply call Paratransit's

## **Mobility Options Department**

at (916) 868-6218 or (916) 868-6220 ex: 6012.

The time to learn is NOW!

# NEW ROSS PROGRAM TO CONNECT YOU TO LOCAL RESOURCES

SHRA is proud to announce the new ROSS program, aimed to support our residents' goals and help you gain self sufficiency, ROSS (Resident Opportunity for Self Sufficiency) is now available to connect you to a variety of resources and help you achieve your personal goals; no matter how big or small. Have you ever considered going back to school, changing careers or volunteering? Have you ever wondered how to enroll your children in youth programs, find affordable daycare or sign up for low cost/no cost healthcare and dental coverage? Do you need help with transportation, taxes or legal assistance? Are you interested in attending free classes on nutrition, budgeting or computer literacy?

The ROSS team can help you with

these needs, as well as any other goals you may have. As part of this program, a Service Coordinator from the ROSS team will meet with you one-on-one to assess your individual needs and discuss your objectives for the future. From the assessment, together we will create a plan to connect you to local resources.

SHRA has partnered with local community organizations to provide our residents with the most beneficial resources available. This voluntary program is free of charge to our residents and most resources will also be free or low cost. To qualify, you must be a current Public Housing resident, living in a Conventional Housing property. Please call 916-449-6250 or email residentservices@shra.org to connect to a Service Coordinator.



# ILLEGAL ACTIVITY IS NOT TOLERATED HERE

MAKE A SAFE, ANONYMOUS CALL ANYTIME, FROM ANYWHERE

# **WetiP** (800) 78-CRIME

(800)78-27463 www.wetip.com SE HABLA ESPAÑOL

**YOU COULD RECEIVE UP TO**\$1,000 REWARD

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#### **TENANT FOCUS**

#### 5 YEAR CAPITOL FUND

Each year HUD requires the housing authorities of the City of Sacramento and the County of Sacramento (SHRA) to complete a Capital Needs Assessment' for all apartments and houses they rent in their 'Conventional Housing' program. SHRA is starting to prepare to file the third year revision to their 2009 five year plan filed with HUD. Federal regulations require the input of the tenants to be

considered in the development of the plan. The Sacramento Resident Advisory Board (RAB) is your representative and advocate to SHRA. The RAB will be conducting sixteen meetings with SHRA and the tenants to gather tenant input. The RAB will then compile all the data mailed in and the information gathered at the meetings and then formally submit the written documentation to SHRA for inclusion into their five year plan.

We will then sit down with them and help set the priority level for each of the requested items and

improvements. Your voice is very important in this process. All tenants are welcome and encouraged to attend any of these very important

meetings. You may alternately mail your comments, using the form on page three, directly to the RAB at Sacramento Resident Advisory Board 1725 K St. #101 Sacramento, CA 95811.

If you prefer, you may send your comments by email to plan@sacrab.com

Please include your location



# 5 YEAR MEETINGS BEING HELD BY THE RAB AND SHRA

Who:	When:	Where:
Gold Ridge	Thu, April 5, 10:30am - noon	10730 Coloma Rd, 95673
Sun River	Thu, April 5, 2pm - 3:30pm	6250 Mariposa Ave,95610
Arden, Bell, Evelyn, Bell	Mon, April 9, 2pm - 3:30pm	3241 Alta Arden, 95825
Pine Knoll	Tue, April 10, 2:00pm - 3:30pm	917 38th St., 95816
Sherman Oaks, Lincoln Plaza & Rio Ln	Tue, April 10, 4pm - 5:30pm	3543 1st Ave., 95817
William Land Villa & 24th	Wed, April 11, 2:00pm - 3:30pm	1043 43rd Ave., 95822
Rio Linda Properties	Thu, April 12, 10am - 11:30am	6045 Dry Creek Rd, 95673
Gran Casa Linda	Thu, April 12, 1:30pm - 2:30pm	3725 Cypress St., 95838
Alder Grove Community	Fri, April 13, 10:30am - noon	816 Revere St., 95818
Marina Vista	Fri, April 13, 1:30pm - 2:30pm	240 Seavey Cr., 95818
Colonial Heights	Mon, April 16, 10:30am - noon	1 Clauss Ct., 95820
Gibson Oaks	Tue, April 17, 2:00pm - 3:30pm	480 Redwood Ave., 95815
Twin Rivers Community	Thu, April 19, 10:30am - noon	321 Eliza St., 95814
Big Trees Resident Committee	Tue, April 24, 2pm - 3:30pm	2516 H Street, 95816
Paradise Manor & Pt. Lagoon	Thu, April 26, 1:30pm - 3pm	4930 El Paraiso, 95824
Meadow Gate/Mandy Coral Gables	Mon, April 30, 6:00pm - 7:30pm	Phoenix Park, 4400 Shining Star Dr, 95823

# **2013 CAPITAL FUND PROGRAM 5 YEAR PLAN**

Resident Survey

Community Name:	
Complex Name:	
Category	Description of Requested Work (print legibly)
Grounds/Site Examples: (Parking Lots, Sidewalks, Playgrounds, Fencing	
Common Areas Examples: (Hallways, Community Rooms, Laundry Rooms)	
Building Exteriors Examples: (Roofs, Windows, Siding, Entry Doors)	
Building Interiors (Units)	
Security Related Examples: (Site Lighting, Fencing, Gates)	
Other	



#### **TENANT FOCUS**

1725 K Street #101 Sacramento, CA 95811

Phone: 916-443-5547 E-mail:tenantfocus@sacrab.com Web: www.sacrab.com

We're on the Web! www.sacrab.com

Tenant Advocates

## GROCERY BUS

The grocery bus has a new schedule this year. In an effort to control costs, our vender has moved most the bus trips to Wednesdays. The Wal\*Mart bus will begin picking up at 8:45am at the Gibson Oaks stop. After 75 minutes, the bus will return shoppers to their homes. Then at 1:00 the bus will begin picking up for the Winco trip.

These trips are scheduled:

- April 4, 2012
- May 5, 2012 (Saturday)
- June 6, 2012

# HEALTH FAIR

There will be a 'Health Fair' event on April 27, 2012, 1:00 — 3:00pm at Comstock Apartments 1725 K Street in the Community Room. Several guests have been invited and handouts have already come to the office. While there are still many things yet to be done, we expect it to all fall into place during the next twenty days. We have information on healthy eating, stop smoking programs, easy to do exercises and more! You might even find fresh carrot and celery sticks available! We have invited

healthcare professionals to be on hand to share some of their knowledge. Come enjoy a relaxed afternoon and gather a wealth of information!

Address Label

- \* Eat Better
- Exercise
- No Smoking
- Check blood pressure
- Know your BMI

