OCTOBER 2010 VOLUME 4, ISSUE 4

TENANT FOCUS

SMOKING OUTDOORS IS A WIN FOR EVERYONE

Safety Improves with Smoke-free Housing

Smoking is a leading cause of residential fire and the number one cause of fire deaths in the U.S.

Tenants Prefer Smoke-Free Housing Several statewide surveys demonstrate that as many as 78% of tenants, including smokers, would choose to live in a smoke-free complex.

Secondhand smoke complaints and requests for

unit transfers drop following the implementation of a smoke-free policy.

Nationwide, less than 21% of the general population smokes, so it makes sense that a vast majority of tenants want to live in a smoke-free environment.

Tenant Health Improves with Smoke-Free Housing

There is no safe level of

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TWO NEW RAB OFFICERS APPOINTED IN SEPTEMBER

At the last quarterly meeting the delegates expressed their approval for the new members of the executive committee to be appointed by the remaining officers SRAB. After meeting with various candidates, we have made the following appointments:

- Debbie Surrett will now be the chair
- Terry Hickman will join us to be the 1st Vice Chair.
- Lisa Burton will now serve as 2nd Vice Chair
- Denita Sandoval has joined us as Secretary
- Gale Morgan will remain as Treasurer

Sacramento Resident Advisory Board

Special points of interest:

- Non Smoking
- New Board Members
- FSS
- PICNIC
- Quarterly Meeting
- CALENDAR

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The Family Self Sufficiency Program (FSS) is a great way to earn money!

Program Eligibility:

- If you are a Public Housing Resident, and the Head of Household, you can enroll.
- Please note that you cannot lose your housing subsidy for non-compliance in this program, so it's WIN-WIN!

FSS Program Goals:

- Attain and/or maintain full-time suitable employment (part-time for disabled).
 - Be free of TANF cash benefits for 12 consecutive months.

Earn FREE Money:

- The Sacramento Housing Authority will deposit money monthly into a special Savings Account depending on increases in Earned Income from a job.
- Enroll in the FSS Program BEFORE you start working for optimum savings.

Example:

Earned Income When Entering the FSS Program	Monthly Rent	Monthly Savings Earned
\$250	\$75	\$0
Earned Income One Year Into the FSS Program	Monthly Rent	Monthly Savings Earned
\$750	\$225	\$150*

^{*}When the family pays the new higher rent, the difference between the starting rent amount and the adjusted rent amount will be deposited into the participant's Savings Account.

Resources & Referrals:

• One-on-One Support

Affordable Childcare

Financial Stability

Matched Savings

Career Advising

Job Skills Training

Building/Rebuilding Credit

Home Ownership

Advanced Education

Call Nicole Sohm at (916) 449-6250, or email her at nsohm@shra.org to request a FSS Pre-Enrollment Application Form today!

Because you can only hold your breath for so long while your neighbor smokes . . .



Ask for a SMOKE-FREE apartment!

Brought to you by the County of Saéramento Department of Health & Human Services through funds received from the California Department of Health Services under contract #04-34

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exposure to secondhand smoke and it has been found to be one of the most toxic chemicals that are known to cause cancer in humans.

Secondhand smoke is a leading trigger of asthma attacks and

other breathing problems.

Remember, smoke-free policies are about the smoke, not the smoker. Smoke-free policies do not keep someone who smokes from living in the building. They just ask that all tenants abide by the policy while on the property.

ANNUAL PICNIC WAS HELD IN SEPTEMBER

The annual picnic was held at Southside park this year. Kids and adults alike enjoyed games food and the



weather. The SRAB tried out the new electric barbeque that will be available to the committees. It meets fire codes.

OCTOBER 2010 QUARTERLY MEETING

The **SRAB** will hold its' October 2010 **Quarterly Meeting** at 1:30pm October 19, 2010 at the **Comstock Community Room.**

We look forward to seeing all the delegates

and the managers there! Pizza will be served for attendees.

Quarterly meeting at the Comstock Community Room



- Call to Order
- Minutes
- Financial Report
- Committee Reports
- Other Reports
- Unfinished Business
- New Business

We're on the Web! www.sacrab.com



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Sacramento Resident Advisory Board 1725 K Street # 101 Sacramento, CA 95811

Tenant Advocates

Sacramento Resident Advisory Board

CALENDAR OF EVENTS

The **Buena Vista Grocery bus** is scheduled for:
Oct. 5th, Nov. 4th, and Dec. 6th.

The Midtown Manor Grocery bus is scheduled for: Oct. 4th, Nov. 5th, and Dec. 3rd.

The **SRAB Executive Committee** meets on the first and third Wednesdays of each month at 11:00am 1725 K Street. Call ahead to be on the agenda.

The **SHRA**

Commission meets on the first and third Wednesdays of each month at 6:00pm 801 12th Street on the second floor.

The SRAB Ex-Comm will meet with the **Site Managers** on October 26, 2010

The **SRAB** will hold a 'Quarterly Meeting' on October 19th 1:30pm at the Comstock Apartment Building 1725 K St. Sacramento, 95811

The next edition of the **Tenant Focus** is scheduled for the first week of January. Article submission is allowed until Dec. 15. Email articles to tenantfocus@sacrab.com



Be sure and pencil in all important meetings!

The Neighborhood Services Division of the Parks and Recreation Department is proud to announce that we are hosting Senior Awareness Day in the City of Sacramento. We have scheduled this event for Tuesday, October 26, 2010 from 9:00am to 3:00am at the Samuel C. Pannell-Meadowview Community Center located at 2450 Meadowview Road (corner of 24th Street and Meadowview Road) to promote positive aging for thousands of seniors and their families. This day is dedicated to leading our community into a future where seniors and their families can find all the resources they need to live healthier and more productive lifestyles.